



KPS

KARATE-DO PORTUGAL SHOTOKAN

Email: FSKAChampionshipPortugal2018@gmail.com

Affiliations in **FNK-P** (National Karate Federation - Portugal) and **LPKS** (Karate Shotokan Portuguese League).
Portuguese Official representation of **FSKA** (Funakoshi Shotokan Karate Association)

XX FSKA World Karate Tournament - Portugal 2018



Dear Friends,

We hereby invite you to participate in the **XX FSKA WORLD KARATE TOURNAMENT** that will be held on **October 25th to 28th 2018**, in **PORTUGAL**, at the Almada City (*Sports Pavilion*).

Almada is a city on the outskirts of Lisbon, *near beautiful beaches and* with an easy access to the center of the Capital (*the coach Journey to Lisbon takes about 15 minutes*) where the Lisbon International Airport is located.

Our Organization will provide coaches to fetch and take the Delegations from and to the airport, as well as from the Hotels to the Sports Pavilion (4 days) and from there to the hotels, if it is your intention.

Tryp Lisboa Caparica Mar is a four star Hotel (*Head Quarter Hotel*) that stands quite near the Sports Pavilion (15 minutes by coach). This hotel is exceptionally well located, situated in a fishing village (*Costa da Caparica*) and near the beach. This time the weather temperature is 26-28 degrees Celsius during the day and is summer vacation time, good to go swimming in the sea.

All information's about Championship, Hotels, Transfers, and Meals during Championship can be requested through:

Email: FSKAChampionshipPortugal2018@gmail.com

PN: **Kyoshi José Chagas - 00 351 93 252 5638**

By holding this International Championship, we hope to contribute to the further development of *Funakoshi Shotokan Karate Association* and we count on the presence of Countries from various Continents.

We thank you all advance for your Commitment in being present at this XX FSKA WORLD KARATE TOURNAMENT - PORTUGAL 2018.

With our deepest respect and friendship, we will be looking forward to seeing you all in Portugal,

Best regards.

Oss!



Eng. João Pessoa
KPS President
4° DAN FSKA

Kyoshi José Chagas
KPS Technical Director
7° DAN FSKA



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KENNETH FUNAKOSHI
F.S.K.A. Advisor

FUNAKOSHI
SHOTOKAN KARATE ASSOCIATION
(A California Corporation)
WORLD HEADQUARTERS
1293 South Park Victoria Drive
Milpitas, California 95035, USA

Dojo Phone: (408) 263-8544 / Email: ShihanKFunakoshi@aol.com

November 30, 2017

船越松涛館空手協会

Sensei Jose Chagas
Karate-Do Portugal Shotokan
Rua Jose Eduardo Dos Santos
Campos de Canecas
1675-476, Canecas, Portugal

Subject: Letter of Authorization to Host the FSKA 20th World Karate Championship

Dear Sensei Chagas;

This letter serves as the official authorization for you to host the FSKA 20th World Karate Championships from October 26 – 28, 2018 in Almada, Portugal.

The purpose of this tournament is to promote karate through competition and exchange of cultures among the different countries. I am pleased that you will host this outstanding event.

Please contact me at ShihanKFunakoshi@aol.com, or my Executive Secretary, Jan Homer, at ianhomer49@gmail.com for any additional information or documentation you may require.

Sincerely,

Shihan Kenneth Funakoshi
Founder & Adviser
Funakoshi Shotokan Karate Association



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1. General information

The *XX FSKA World Karate Tournament* will be held between 25 and October 28, 2018, in *Almada City Sports Pavilion*, which is distant about **19 km** from Lisbon International Airport, and **8 km** from the beaches of *Costa da Caparica*, where are based all proposed hotels for enjoyment of various delegations.

The organization of this Championship is the responsibility of **KPS** (*Karate-Do Portugal Shotokan*), with the high patronage of **FSKA** (*Funakoshi Shotokan Karate Association*), and partnerships *Recreational Society of the Bela Vista*, *CMA* (*Municipality of Almada*) and the *Charneca da Caparica e Sobreda Parish Council*.



Sensei João Pessoa, Shian Funakoshi, Kyoshi Jose Chagas



KPS Technical Board with Shian Funakoshi

The event's official **Website** (*updated regularly*) is:

<http://fskachampionshipportugal2018.weebly.com>

The **FB (Facebook)** official **Community** of event is:

<http://www.facebook.com/groups/FSKACHampionshipPortugal2018>

The event official **E-Mail** is:

FSKACHampionshipPortugal2018@gmail.com

E-Mail is the preferred contact that should be used by all delegations, to all contacts, clarifications and submission of required documentation. It is advisable that each

interested person (*or Entity*) subscribe the **FB** community, in order to be informed first hand of each update that is carried out on event website.

The transit and stay in Portugal is conditioned by the issuance of **VISAs** for people from some countries (especially outside *Europe*). These cases need to be treated with due advance, and their need can be found at <http://portugal.visahq.com> or at http://embassy-finder.com/portugal_visa . The organization stands ready to assist each delegation in case of need.

All *payments* must be made in **Euros (€)**. The **ATM** and **VISA** network in Portugal is one of the most advanced in Europe, being relatively easy the raising of *Euros* anywhere (*with a limit of € 400/day per card*), and accepted a large type of debit/credit cards from international networks.



Kyoshi José Chagas and Shian Funakoshi in XI KPS International Stage

Telecommunications services and *Internet* are well developed in Portugal, as part of the service provided by most hotels suggested by the Organization. The electrical network in Portugal is **220 Volts**, with *EU standard* plugs (Type **C**). Crime in Portugal is minimal. However, it is advised prudence in risk situations. The Hospital closer to the pavilion is the *Garcia da Horta*, situated in *Almada*, approximately **5 km**. The *national emergency number* is **112** and it is free to call.



XI KPS International Stage, with Shian Funakoshi

Portugal is also known for its *food*, and is relatively easy to find restaurants serving meals with a moderate cost. The Hotel suggested by the organization also has an associate *restaurant*. The *public transport* network is functional and covers a large part of the municipality (*although they may be scarce on weekends*). It is also possible to rent a car or take a cab, upon request via telephone (*the traffic from/to Lisbon on workdays can be heavy*).



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2. Portugal & Almada



Portuguese Republic it is located in South-Western Europe, on the Iberian Peninsula, and it is the westernmost country of mainland Europe, being bordered by the Atlantic Ocean to the west and south and by Spain to the north and east.

Aside from continental Portugal, the Portuguese Republic holds sovereignty over the Atlantic archipelagos of *Açores* and *Madeira*, which are autonomous regions of Portugal.

Portugal is among the 20 most visited countries in the world, receiving an average of 13 million foreign tourists each year. Tourism is playing an increasingly important role in Portugal's economy, contributing to about 11% of its Gross Domestic Product (GDP).

Tourist hotspots in Portugal are *Lisbon*, *Algarve* and *Madeira*, but the Portuguese government continues to promote and develop new tourist destinations, such as the *Douro Valley*, the *island of Porto Santo*, and *Alentejo*.

In 2005, Lisbon was the second European city after Barcelona, which attracted more tourists, with *7 million visitors* sleeping in hotels in the city.



And do not forget to try a *Pastel de Nata*. Always go well with coffee, which we *expresso*. Most tourists in Portugal are British-, French-, Spanish-, Dutch- or German-origin visitors, travel by low cost airlines, and not only

seek sun and beaches, but increasingly search for cultural, gastronomic, environmental or nautical experiences (or travel for reasons of business).



In 2013, the country was ranked on the 20th position among 140 nations surveyed by the Competitiveness Index in Travel and Tourism, 2013, published by the World Economic

Forum. In 2018, Portugal was also voted the *World's Best Tourist Destination* in the *World Travel Awards*.



The Fossil Cliffs of **Costa da Caparica**, whose name is due to its current position relative to the indented coast line offers beautiful forms of shades of ochre and erosion gullies topped by abundant vegetation. From the geological point of view,

which is the most important element, this cliff formed by a succession of strata and sedimentary rocks, is an interesting testimony of other times.

Landscape, gastronomy, beaches and the friendliness of the population were the criteria used for choosing. The publication highlighted the "special charm that is visible in the traditions of the country with cities that combine modernity with visible weight of history, landscapes and beaches that bring us together with Nature".

Great Atlantic beaches with crystal clear water, with long sandy beaches, from *Costa da Caparica* to the *Fonte da Telha*, give this place a huge amount of natural recreation and tourism potential. As for the Forest of Fears, the value of the floristic heritage led to its classification as Protected Landscape Botanical Reserve, statute seeks to protect the whole of the cliff and the Forest of Fears, botanical reserve.



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Owing to humans occupying the territory of Portugal for thousands of years, little is left of the original vegetation. Protected areas of Portugal include one national park, 12 natural parks, nine natural reserves, five natural monuments, and seven protected landscapes, which include the *Parque Nacional da Peneda-Gerês*, the *Parque Natural da Serra da Estrela* and the *Paul de Arzila*.



The legend of the Rooster of *Barcelos* tells the story of a dead rooster's miraculous intervention in proving the innocence of a man who had been falsely accused and sentenced to death. The story is associated with the 17th-century Calvary that is part of the collection of the Archaeological Museum located in *Paço dos Condes*, a gothic-style palace in *Barcelos*, a city in the *Braga* District of northwest Portugal. The Rooster of *Barcelos* is bought by many tourists as a souvenir.



Portugal gastronomy is as rich and varied as its landscape. It is the sea that prints the most striking feature of the Portuguese cuisine. Savour a simple grilled fish, always freshest, such as seafood that abounds all along the coast and we are sure that we are in Portugal. Because it is here that we find the best fish in the world! In meat dishes, a suggestion of the whole country: the Portuguese stew mix meats, vegetables and assorted sausages, cooked juicy way. Each dish has a right wine for company. It is that we have wines throughout the country, and if the Port has fame, dyed *Douro table*, *Alentejo* and many others have no less distinction.



Sintra is a town within the municipality of *Sintra* in the Lisbon Region of Portugal. Owing to its 19th-century Romantic architecture and landscapes, it has become a major tourist center, visited by many day-trippers who travel from the urbanized suburbs and capital of Lisbon.

In addition to the *Sintra Mountains* and *Sintra-Cascais Nature Park*, the parishes of the town of *Sintra* are dotted by royal retreats, estates, castles and buildings from the 8th-9th century, in addition to many buildings completed between the 15th and 19th century, including the *Castelo dos Mouros*, the *Pena National Palace* and the *Sintra National Palace*, resulting in its classification by UNESCO as a World Heritage Site in 1995.



And the cheeses! Just refer the *Sierra*, but all of Central Portugal, the *Alentejo* and *Azores* are delicious. Candy with roots in many convents where they were prepared makes us even today "give thanks to the heavens".

Almada is a Portuguese city belonging to the District of *Setúbal*, Lisbon region and sub-region of the *Setúbal Peninsula*, being the sixth most populous city of Portugal, with about 174,000 inhabitants.

The "**Cidade de Almada**" **City Sports Complex** is the focal point of the sporting county network. With a ship with capacity for four thousand spectators, two gymnasiums, a swimming pool and two tanks, sports equipment allows this practice about 40 arrangements: between water activities, gymnastic, squash, cardio, combat sports, weight training, basketball, soccer, among many others.





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3. Program

25.10.2018

Thursday

- 14.00 - 19.00 Hours **Registration and verification** of documents and teams, in the event main office
(Headquarter: *Tryp Lisboa Caparica Mar Hotel*)
- 15.30 - 17.00 Hours **Seminar** with *Shihan Funakoshi*
(Headquarter: *Tryp Lisboa Caparica Mar Hotel*)
- 17.15 - 18.00 Hours **Meeting of referees and coaches**
(Headquarter: *Tryp Lisboa Caparica Mar Hotel, with Shihan Funakoshi*)
- 18.30 - 19.30 Hours **Dan Exams** with *Shihan Funakoshi*
(Headquarter: *Tryp Lisboa Caparica Mar Hotel*)

26.10.2018

Friday

- 10.00 – 19.00 Hours Qualifications and Finals **all Events Adults 22 Years and over**

27.10.2018

Saturday

- 09.00 - 13.00 Hours Qualifications and Finals of **Kata Individual and Team (13 to 21 years)**
- 13.30 - 14.30 Hours Championship **OPENING CEREMONY**
(*All Participants*)
- 14.30 - 15.00 Hours **Open KATA Disability**
- 15.00 - 20.00 Hours Qualifications and Finals of **KUMITE Individual and Teams (13 to 21 years)**

28.10.2018

Sunday

- 10.00 - 18.00 Hours Qualifications and Finals of **KATA and KUMITE Individual and Team (up to 12 years)**
- 20.00 Hours **Official Closing Dinner XX FSKA WORLD KARATE TOURNAMENT PORTUGAL 2018**
(*With Shihan Funakoshi in a selected restaurant*)
- 21.00 Hours **Sayonara Party**
(*Dinner and Disco, near Headquarter*)

Free admission for Spectators

Verification will take place on **Thursday, October 25th (02pm-07pm)**. **Mandatory** to present:

- Original application (*entry*) form
- Original *payment receipt*
- Current medical forms/tests
- Document verifying current grade (*e.g. diploma or budo-pas booklet*)
- Valid insurance
- Parents'/legal guardian consent (*minors under law*)

Competitors *not meeting the requirements* will be not permitted to participate in the competition



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4. Official Categories

Official Categories of the XX FSKA World Karate Tournament Portugal (Almada) 2018

FRIDAY, October 26

KATA Individual KATA – 22 Y/O and over		KUMITE Individual – 22 Y/O and over	
045	Men, 22-28 y/o 9-4 KYU	139	Men, 22-28 y/o 9-4 KYU
046	Women, 22-28 y/o 9-4 KYU	140	Women, 22-28 y/o 9-4 KYU
047	Men, 22-28 y/o 3-1 KYU	141	Men, 22-28 y/o 3° KYU and DAN (-) 75 Kg
048	Women, 22-28 y/o 3-1 KYU	142	Women, 22-28 y/o 3° KYU and DAN (-) 65 Kg
049	Men, 22-28 y/o DAN (Black)	143	Men, 22-28 y/o 3° KYU and DAN (+) 75 Kg
050	Women, 22-28 y/o DAN (Black)	144	Women, 22-28 y/o 3° KYU and DAN (+) 65 Kg
		145	Men, 22-28 y/o (OPEN)
		146	Women, 22-28 y/o (OPEN)
051	Men, 29-35 y/o 9-4 KYU	147	Men, 29-35 y/o 9-4 KYU
052	Women, 29-35 y/o 9-4 KYU	148	Women, 29-35 y/o 9-4 KYU
053	Men, 29-35 y/o 3-1 KYU	149	Men, 29-35 y/o 3° KYU and DAN (-) 75 Kg
054	Women, 29-35 y/o 3-1 KYU	150	Women, 29-35 y/o 3° KYU and DAN (-) 68 Kg
055	Men, 29-35 y/o DAN (Black)	151	Men, 29-35 y/o 3° KYU and DAN (-) 85 Kg
056	Women, 29-35 y/o DAN (Black)	152	Women, 29-35 y/o 3° KYU and DAN (+) 68 Kg
		153	Men, 29-35 y/o 3° KYU and DAN (+) 85 Kg
		154	Women, 29-35 y/o (OPEN)
		155	Men, 29-35 y/o (OPEN)
057	Men, 36-45 y/o 9-4 KYU	156	Men, 36-45 y/o 9-4 KYU
058	Women, 36-45 y/o 9-4 KYU	157	Women, 36-45 y/o 9-4 KYU
059	Men, 36-45 y/o 3-1 KYU	158	Men, 36-45 y/o 3° KYU and DAN (-) 78 Kg
060	Women, 36-45 y/o 3-1 KYU	159	Women, 36-45 y/o 3° KYU and DAN (-) 68 Kg
061	Men, 36-45 y/o 1° DAN to 2° DAN	160	Men, 36-45 y/o 3° KYU and DAN (+) 78 Kg
062	Women, 36-45 y/o 1° DAN to 2° DAN	161	Women, 36-45 y/o 3° KYU and DAN (+) 68 Kg
063	Men, 36-45 y/o 3° DAN and above		
064	Women, 36-45 y/o 3° DAN and above		
065	Men, 46-55 y/o 9-4 KYU	162	Men, 46-55 y/o 9-4 KYU
066	Women, 46 y/o and above 9-4 KYU	163	Women, 46 y/o and above 9-4 KYU
067	Men, 46-55 y/o 3-1 KYU	164	Men, 46-55 y/o 3° KYU and DAN (-) 78 Kg
068	Women, 46 y/o and above 3-1 KYU	165	Women, 46 y/o and above 3° KYU and DAN (-) 68 Kg
069	Men, 46-55 y/o 1° DAN to 2° DAN	166	Men, 46-55 y/o 3° KYU and DAN (+) 78 Kg
070	Men, 46-55 y/o 3° DAN and above	167	Women, 46 y/o and above 3° KYU and DAN (+) 68 Kg
079	Women, 46-55 y/o 1° DAN and above		
071	Women, MASTERS 35 y/o and above DAN		

Individual KATA – Veterans Categories		Individual KUMITE – Veterans Categories	
072	Men, 56-65 y/o 9-4 KYU	168	Men, 56-65 y/o 9-4 KYU
073	Men, 56-65 y/o 3-1 KYU	169	Men, 56-65 y/o 3° KYU and DAN (-) 70 Kg
074	Men, 56-65 y/o 1° DAN and above	170	Men, 56-65 y/o 3° KYU and DAN (+) 70 Kg
075	Men, 66 y/o and above 9-4 KYU	171	Men, 66 y/o and above (OPEN)
076	Men, 66 y/o and above 3-1 KYU		
077	Men, MASTERS 50 y/o and above DAN		
080	Men, 60 y/o and above 3-1 KYU and DAN		

Team KATA – 22 Y/O and over		Team KUMITE – 22 Y/O and over	
219	Men 22-35 y/o	313	Men 22-35 y/o (5 Competitors)
220	Women 22-35 y/o	314	Women 22-35 y/o (3 Competitors)
221	Adults MIX (Male and Female) 22-35 y/o		
222	Men 36-55 y/o	315	Men 36-55 y/o (3 Competitors)
223	Women 36 y/o and above	316	Women 36 y/o and above (3 Competitors)
224	MIX Male 36-55 and Female 36 y/o and above		
225	Men 56 y/o and above	317	Men 56 y/o and above (3 Competitors)



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SATURDAY, October 27

Individual KATA – 13 to 21 Y/O		Individual KUMITE – 13 to 21 Y/O	
025	Teens Male, 13-14 y/o 9-7 KYU	121	Teens Male, 13-14 y/o 9-7 KYU
026	Teens Female, 13-14 y/o 9-7 KYU	122	Teens Female, 13-14 y/o 9-7 KYU
027	Teens Male, 13-14 y/o 6-4 KYU	123	Teens Male, 13-14 y/o 6-4 KYU
028	Teens Female, 13-14 y/o 6-4 KYU	124	Teens Female, 13-14 y/o 6-4 KYU
029	Teens Male, 13-14 y/o 3° KYU e DAN	125	Teens Male, 13-14 y/o 3° KYU and DAN
030	Teens Female, 13-14 y/o 3° KYU e DAN	126	Teens Female, 13-14 y/o 3° KYU and DAN
031	Young Cadets Male, 15-17 y/o 9-7 KYU	127	Young Cadets Male, 15-17 y/o 9-4 KYU
032	Young Cadets Female, 15-17 y/o 9-7 KYU	128	Young Cadets Female, 15-17 y/o 9-4 KYU
033	Young Cadets Male, 15-17 y/o 6-4 KYU	129	Young Cadets Male 15-17 y/o 3° KYU and DAN (-) 65 Kg
034	Young Cadets Female, 15-17 y/o 6-4 KYU	130	Young Cadets Female 15-17 y/o 3° KYU and DAN (-) 60 Kg
035	Young Cadets Male 15-17 y/o 3-1 KYU(Brown)	131	Young Cadets Male 15-17 y/o 3° KYU and DAN (+) 65 Kg
036	Young Cadets Female 15-17 y/o 3-1 KYU(Brown)	132	Young Cadets Female 15-17 y/o 3° KYU and DAN (+) 60 Kg
037	Young Cadets Male 15-17 y/o DAN (Black)		
038	Young Cadets Female 15-17 y/o DAN (Black)		
039	Cadets Male, 18-21 y/o 9-4 KYU	133	Cadets Male, 18-21y/o 9-4 KYU
040	Cadets Female, 18-21 y/o 9-4 KYU	134	Cadets Female, 18-21 y/o 9-4 KYU
041	Cadets Male, 18-21 y/o 3-1 KYU	135	Cadets Male, 18-21 y/o 3° KYU and DAN (-) 70 Kg
042	Cadets Female, 18-21y/o 3-1 KYU	136	Cadets Female, 18-21 y/o 3° KYU and DAN (-) 60 Kg
043	Cadets Male 18-21 y/o DAN (Black)	137	Cadets Male, 18-21 y/o 3° KYU and DAN (+) 70 Kg
044	Cadets Female 18-21 y/o DAN (Black)	138	Cadets Female, 18-21 y/o 3° KYU and DAN (+) 60 Kg

SPECIAL COMPETITION (Competitors with physical or mental limitations)	
Individual KATA	
078	(OPEN) KATA Disability

Team KATA - 13 to 21 Y/O		Team KUMITE - 13 to 21 Y/O	
210	Teens Male 13-14 y/o	307	Teens Male 13-14 y/o (3 Competitors)
211	Teens Female 13-14 y/o	308	Teens Female 13-14 y/o (3 Competitors)
212	Teens MIX (Male and Female) 13-14 y/o		
213	Young Cadets Male 15-17 y/o	309	Young Cadets Male 15-17 y/o (3 Competitors)
214	Young Cadets Female 15-17 y/o	310	Young Cadets Female 15-17 y/o (3 Competitors)
215	Young Cadets MIX (Male and Female) 15-17 y/o		
216	Cadets Male 18-21 y/o	311	Cadets Male 18-21 y/o (3 Competitors)
217	Cadets Female 18-21 y/o	312	Cadets Female 18-21 y/o (3 Competitors)
218	Cadets MIX (Male and Female) 18-21 y/o		



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SUNDAY, October 28

Individual KATA – 12 Y/O and under		Individual KUMITE – 12 Y/O and under	
001	Boys, 6 y/o and below	101	Boys, 6 y/o and below
002	Girls, 6 y/o and below	102	Girls, 6 y/o and below
003	Boys, 7-8 y/o 9-8 KYU	103	Boys, 7-8 y/o 9-7 KYU
004	Girls, 7-8 y/o 9-8 KYU	104	Girls, 7-8 y/o 9-7 KYU
005	Boys, 7-8 y/o 7-6 KYU	105	Boys, 7-8 y/o 6-4 KYU
006	Girls, 7-8 y/o 7-6 KYU	106	Girls, 7-8 y/o 6-4 KYU
007	Boys, 7-8 y/o 5-4 KYU	107	Boys, 7-8 y/o 3° KYU and DAN
008	Girls, 7-8 y/o 5-4 KYU	108	Girls, 7-8 y/o 3° KYU and DAN
009	Boys, 7-8 y/o 3° KYU and DAN		
010	Girls, 7-8 y/o 3° KYU and DAN		
011	Boys, 9-10 y/o 9-8 KYU	109	Boys, 9-10 y/o 9-7 KYU
012	Girls, 9-10 y/o 9-8 KYU	110	Girls, 9-10 y/o 9-7 KYU
013	Boys, 9-10 y/o 7-6 KYU	111	Boys, 9-10 y/o 6-4 KYU
014	Girls, 9-10 y/o 7-6 KYU	112	Girls, 9-10 y/o 6-4 KYU
015	Boys, 9-10 y/o 5-4 KYU	113	Boys, 9-10 y/o 3° KYU and DAN
016	Girls, 9-10 y/o 5-4 KYU	114	Girls, 9-10 y/o 3° KYU and DAN
017	Boys, 9-10 y/o 3° KYU and DAN		
018	Girls, 9-10 y/o 3° KYU and DAN		
019	Youth Male, 11-12 y/o 9-7 KYU	115	Youth Male, 11-12 y/o 9-7 KYU
020	Youth Female, 11-12 y/o 9-7 KYU	116	Youth Female, 11-12 y/o 9-7 KYU
021	Youth Male, 11-12 y/o 6-4 KYU	117	Youth Male, 11-12 y/o 6-4 KYU
022	Youth Female, 11-12 y/o 6-4 KYU	118	Youth Female, 11-12 y/o 6-4 KYU
023	Youth Male, 11-12 y/o 3° KYU and DAN	119	Youth Male, 11-12 y/o 3° KYU and DAN
024	Youth Female, 11-12 y/o 3° KYU and DAN	120	Youth Female, 11-12 y/o 3° KYU and DAN

Team KATA – 12 Y/O and under		Team KUMITE – 12 Y/O and under	
201	Boys 8 y/o and below	301	Boys 8 y/o and below (3 Competitors)
202	Girls 8 y/o and below	302	Girls 8 y/o and below (3 Competitors)
203	MIX (boys and girls) 8 y/o and below		
204	Boys 9-10 y/o	303	Boys 9-10 y/o (3 Competitors)
205	Girls 9-10 y/o	304	Girls 9-10 y/o (3 Competitors)
206	MIX (boys and girls) 9-10 y/o		
207	Youth Male 11-12 y/o	305	Youth Male 11-12 y/o (3 Competitors)
208	Youth Female 11-12 y/o	306	Youth Female 11-12 y/o (3 Competitors)
209	Youth MIX (Male and Female) 11-12 y/o		



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5. Competitive Regulations

KATA

- Only **Shotokan** KATA may be performed.
- KATA will be scored using **point system** with four corner judges and one centre referee
 - All Individual contestants will do **two rounds** (two KATAS) before the Final
 - Final 8 competitors (**best sum of two rounds** before)
 - If 8 or fewer competitors in a category, will do two KATAS (*final direct*)
(The podium places will be allocated by the **sum of the two rounds**)
- In KATA TEAM is the same system (TOKUY Kata) free all rounds
 - In the KATA TEAM *may raise up to two* Competitors of the Category immediately below
 - Each Competitor *may only participate in a single Team* of the same Category
- All Competitors Individual or Teams **must have two (2) KATAS in minimum**
 - Can repeat in the final (*if you want*) **one** of the *two* katas.

Categories versus KATAS:

- All Categories 9° and 8° Kyu - One Basic KATA (*if they want*)
 - 9° until 4° Kyu - Heian Shodan to Tekki Shodan
 - **3° Kyu and Dan** - Heian Godan, Tekki Shodan, Intermediate and Advance KATAS
- In the Category “*Open KATA Disability (078)*”:
- All KATAS are free (*only one per athlete*)
 - **1°st place** medals will be distributed to all participants

Awards:

- For the **1st** place: *Championship Medal* (Teams: *Trophies and Medals*)
- For the **2nd** and **3rd** places: *Medals* (Teams: *Trophies and Medals*)
- Each participant will receive a *Diploma*

KUMITE

Protections:

- Mouth piece is mandatory for all ages in the KUMITE event
- Female chest protectors is mandatory
- Groin protector for all male competitors is mandatory
- Only the Hands protections (WKF type) are allowed (*Blue and Red*)
- Only safety glasses with restraining band or soft contact lenses are allowed.
- Body protector (WKF Type) all categories (*included 14 y/o and under*) is **optional**
- Head protector is **optional**
- Foot and Shin protectors are **optional**

➤ Children 6-14 years

All rounds (including finals):

- **Ippon shobu:** 1 full point (*Ippon*) or two half points (*Wazari*)
- Time duration: **1 minute 30 seconds**

➤ Cadets/Adults and Veterans (15 y/o and older)

All rounds (including finals *except adults 26-35*):

- **Ippon shobu:** 1 full point (*Ippon*) or two half points (*Wazari*)
- Time duration: **2 minutes**

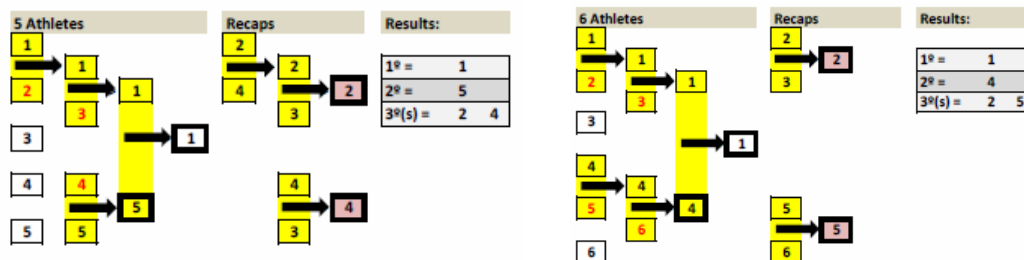
➤ Finals: Adults 26-35 y/o Male and Female

- **Nihon shobu:** two-full points – one full point and two half points or four half points.
- Time duration: **3 minutes**

➤ All competitors (*Individual or Team*) must make **minimum two (2) fights**

(If we have in this category **5 (or more)** participants)

- We will do **recaps** to 3rd Places. *Examples:*



Awards:

- For the **1st** place: *Championship Medal (Teams: Trophies and Medals)*
- For the **2nd** and **(2) 3rd** places: *Medals (Teams: Trophies and Medals)*
- Each participant will receive a *Diploma*



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6. Rules

All teams are requested to **represent their home countries with dignity**, and will be held responsible for any damages caused.

Competitors not meeting the requirements will be not permitted to participate in the competition (*and they will have no right to claim the participation fee back*). Also, any competitors who miss out on their fights *will not have the right to claim any of the participation fees back*.

Each *Kumite* competitor must wear **belt** and **protectors** in the following colours:

- Blue (or White) for *shiro*
- Red for *aka*

In case of need (*insufficiency* or *excess* of competitors per category), the organisers reserve the right to **join together** or **split** categories.

During the event, only competitors and their coaches are allowed to be in the competition zones, and they will be required to wear their team outfit and a valid ID

All coaches and competitors must refrain from violent behaviour at all times. Otherwise, they will be asked to leave the competition zone immediately

All potential protests must be made in *writing and filed in immediately* after a fight it is related to, and *signed by an official* team representative, after *settling an appropriate Payment of € 120*

All information missing in the *rules and regulations* of the *championship* explicit here, will be complemented by **FSKA tournament rules**

Event organisers do not bear responsibility for *judges' verdicts*

Event organisers are not responsible for any loss or theft of personal belongings

In case of doubt, the *rules and regulations* of the **Portuguese** *civil and penal codes* will be observed.



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7. Reservations & Payments

All payments are in EUR (€)

For all payments via **bank transfer** must use the following information:

KPS - Karate-Do Portugal Shotokan

NIB **0033-0000-00141520188-05**

IBAN **PT50-0033-0000-00141520188-05**

BIC / SWIFT **BCOMPTPL**

Please note that all **payments are net**, meaning that you must pay all bank transfer costs arising from your payment.

✓ Competition Categories

Registrations for the event are performed by filling the respective form (*Entry Form-01*) and send this via E-Mail until the deadline of **September 26, 2018**.

Fees by one category participation (*each individual category*):

- Competitors **12 years old** and under = **€ 30**
- Competitors **13 years old** and over = **€ 40**
- KATA and KUMITE **Teams** = **€ 75**
- **Teams KUMITE 5 Elements** = **€ 125**

Note: OPEN KATA Disability (*Category 078*) is **free**

All **Participation fees** need to be transferred to the designated bank account no later than **September 26, 2018**, or paid directly in cash at the event head office (Headquarters *Tryp Lisboa Caparica Mar Hotel*) on the **Thursday, October 25, 2018** (between **02pm-07pm**).

For the competition, each athlete's age is calculated at date of **Thursday, 25 October 2018**

After the participation fee has been paid, the event organisers *do not* reimburse the costs.

✓ Additional services

Requests for any additional services (*Transfers, Meals, Seminar, Sayonara Party*) are formalized by completing the respective form (*Services Form-02*) and sending this E-Mail, with the deadline of **September 26, 2018**.



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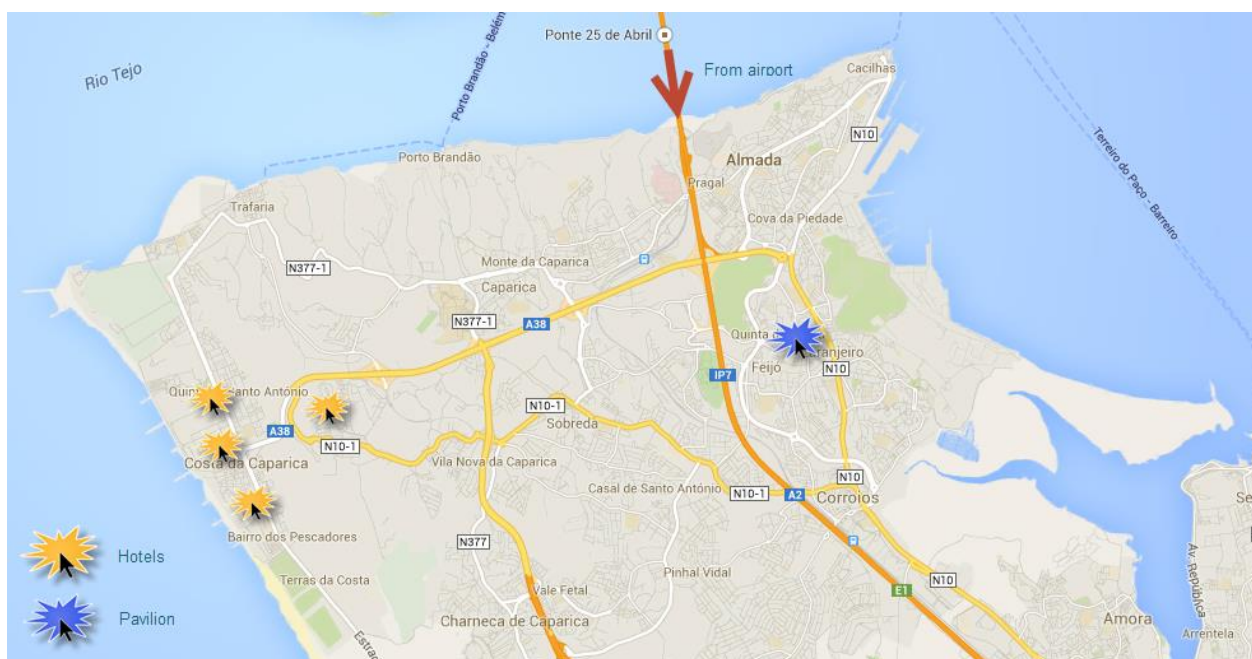
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➤ Transfers

The official Hotel of the event, **Tryp Lisboa Caparica Mar Hotel**, will be served by transport (*that if the delegations so request*) to ensure the itineraries Airport-Hotel (*day of arrival*), Official Hotel-Pavilion- Official Hotel (*days of competition*) and Hotel-Airport (*day of departure*). Transfers between other locations, namely from/to other hotels, may be required and negotiated on a case-by-case basis.

The cost of the **transfer** service is **€ 30** per person, which includes every day.



All transfer services are traded to be performed between the **24th and 29th of October** (*including*). However, if any delegation wants the service to be held on a different date, you must indicate this intention in advance to the organization.



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➤ Meals

The *Friday*, *Saturday* and *Sunday* lunches will be available through a *catering company* based near the pavilion, and its services available to all interested parties. There will be also a *refreshment station* available during the event.

The organization negotiated a price for lunches on *Friday*, *Saturday* and *Sunday* for all athletes interested. This interest must be registered in form. The price of the **three full meals** is € 30 each athlete (€ 10 for each meal). All *Referees/Judges* and *Managements/VIP* have free *lunch's* (*Friday*, *Saturday* and *Sunday*) and free *coffee* during the three days of competition.

Sunday night at **20:00 hours**, the organization promotes the **official closing dinner** in a *selected restaurant*, with the honourable presence of *Shihan Funakoshi*. A maximum number of **two** representatives from each delegation may be present at this *dinner*, **without additional costs**.

Sunday night at **21:00 hours**, the organization also promotes the **Sayonara party** near the Headquarter *Hotel Costa da Caparica*. It is a party where everyone interested will be entitled to a *meal*, followed by a free entry into a *disco*, with a free *drink*. The price is € 25 each person and entries are allowed for **all ages**.

(Note: subject to prior number of registrations).

➤ Seminar

The organization will hold a **seminar** with the guidance of *Shihan Funakoshi*, to be held *Thursday*, between **15.30** and **17.00 hours**, at Headquarters *Tryp Lisboa Caparica Mar Hotel*. The cost for participation in this seminar will be € 30 each person.



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8. The Hotels


The accommodations were previously negotiated by the organization with the official hotel of the event, the **Tryp Lisboa Caparica Mar Hotel**, in order to provide a pleasant and economical stay for both athletes and their companions.


This being the hotel recommended by us, both in terms of quality of service and support infrastructures, it is also in this one that will be centralized all the additional activities of the event (*accreditation, seminar, exams, etc...*) and also the provision of transfers *Hotel-Pavilion*.

The reservation in this hotel must be made directly by the interested parties, mentioning always a *code* created for the purpose, which will allow access to special conditions: **KPS-FSKA 2018**


Tryp Lisboa Caparica Mar ****		http://www.tryplisboacaparica.com/pt (<i>Headquarter Hotel</i>)										
		<p>Just 20 minutes away from Lisbon Centre and the International Airport, with sunshine throughout the year and sunset in the ocean, the <i>Costa Tryp Lisboa Caparica Mar Hotel</i> offers you the perfect arguments to escape the routine and enjoy the sun and beach in the company of those you love.</p> <p>Two steps from the beach and poolside largest and most popular beach in the Lisbon Region, Hotel characterized by a relaxed and casual atmosphere, includes 352 rooms and 12 suites that offer you all the comfort and complete equipment.</p> <p>The hotel facilities include the Center for Alternative Therapies, the Garden Bar with a terrace by the outdoor pool, Souvenir Shop, Business Centre, Kids Club for children to enjoy two restaurants, "The Country" Restaurant buffet with local products quality and "Horizon" a panoramic restaurant with Portuguese recipes reinvented, a true signature cuisine.</p>										
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Single</td> <td style="text-align: center;">1</td> <td style="text-align: center;">64 €</td> </tr> <tr> <td style="text-align: center;">Double/Twin</td> <td style="text-align: center;">2</td> <td style="text-align: center;">74 €</td> </tr> <tr> <td style="text-align: center;">Double (extra bed - Triple)</td> <td style="text-align: center;">3</td> <td style="text-align: center;">94 €</td> </tr> </table>		Single	1	64 €	Double/Twin	2	74 €	Double (extra bed - Triple)	3	94 €	<p>Reservations: paula.sabino@meliaportugal.com (code: KPS-FSKA 2018)</p> <p>Important Note: The rooms in this hotel are negotiated to hold these prices until September 15, 2018. From this date, these are subject to hotel availability.</p>	
Single	1	64 €										
Double/Twin	2	74 €										
Double (extra bed - Triple)	3	94 €										


9. Partners

 <p>S.R.B.B.V. FUNDADA EM 27-10-70</p>	<p>Sociedade Recreativa do Bairro da Bela Vista Vale Fetal - Sobreda</p> <p>https://www.facebook.com/SociedadeRecreativaDoBairroDaBelaVista</p>
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 <p>ALMADA CÂMARA MUNICIPAL</p>	<p>CMA - Camara Municipal de Almada</p> <p>http://www.m-almada.pt</p>
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 <p>FREGUESIA CHARNECA DE CAPARICA E SOBREDÁ</p>	<p>Freguesia Charneca da Caparica e Sobreda</p> <p>http://www.jf-charnecacaparica-sobreda.pt</p>
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 <p>KARATE FEDERAÇÃO NACIONAL PORTUGAL</p>	<p>FNK-P – Federação Nacional Karaté – Portugal</p> <p>http://www.fnkp.pt</p>
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 <p>virtual LEDs</p>	<p>Virtual LEDs</p> <p>http://www.virtualleds.com/pt</p>
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 <p>THE POWER OF N</p>	<p>The power of N</p> <p>http://anglobal.com/en</p>
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 <p>M S G</p>	<p>Mário Simões Gomes & Gomes Lda.</p> <p>http://www.mariosgomes.com/</p>
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 <p>HighValue Grupo Acrescentamos valor à sua empresa</p>	<p>HighValue Grupo</p> <p>http://www.highvalue.pt/</p>
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 <p>TVAlmada www.tvalmada.pt</p>	<p>TV Almada</p> <p>http://www.tvalmada.pt</p>
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